

Impact of Gadget Addicts on Family Harmony Perspective of Islamic Law

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Abstract: This research examines "the impact of gadget addicts on family harmony from the perspective of Islamic law". This type of research is field research. The research informants were 20 heads of families out of 633 heads of families in Riak Siabun village. The 20 heads of families are believed to be gadget addicts. The author also interviewed several community shops, such as the Head of the Riak Siabun village, the Akbar Study Chairperson and the Regional Representatives Council Chairperson. The study results show that the impact on the family of gadget addicts in the village is the loss of mutual trust between family members, not having time with family, forgetting responsibilities in worship and having a difficult economy and the occurrence of infidelity. The best solution to overcome this is by deliberation among family members by bringing in mediators from religious leaders and the village government.

Keywords: Addicts, Gadgets, Harmony, Family.

Abstract: Penelitian ini mengkaji "dampak pecandu gadget terhadap keharmonisan keluarga perspektif hukum islam". Jenis penelitian adalah penelitian lapangan. Informan penelitian adalah 20 kepala keluarga dari 633 kepala keluarga yang ada didesa Riak Siabun. 20 kepala keluarga tersebut diyakini merupakan pecandu gadget. penulis juga mewawancarai beberapa toko masyarakat seperti Kepala desa Riak Siabun, Ketua Pengajian Akbar dan Ketua Dewan Perwakilan Daerah. Hasil penelitian menunjukkan bahwa dampak yang terjadi di dalam keluarga pecandu gadget di desa tersebut adalah hilangnya rasa saling percaya antar sesama anggota keluarga, tidak memiliki waktu Bersama keluarga, melupakan tanggung jawab dalam beribadah dan memiliki ekonomi yang sulit serta terjadinya perselingkuhan. Solusi terbaik untuk mengatasi hal ini adalah dengan musyawarah antar anggota keluarga dengan mendatangkan mediator dari pihak agamawan dan pemerintah desa

Kata Kunci : Pecandu, Gadget, Keharmonisan, Keluarga

Introduction

In this era, which can be said to be an all-sophisticated era, we are no strangers to the presence of *gadgets* which have become a major need for both children and adults. The *gadget* is not only a communication tool, but gadgets can help work on other activities to make it easier. However, besides the things that have a positive impact, there are also negative impacts from the *gadget* itself, one of which is on family harmony.¹

If a family too often plays with *gadgets* without seeing where they gather, for example, when they are together with children who are having fun playing while the parents are only busy on their *gadget screens*, the supervision of their children is reduced. Causing parents not to know what happens to their children if their children have accidents while playing. This can lead to quarrels and blaming each other between the partners who take care of them, such as a husband who blames his wife for the accident.

From this, it can be seen that there are so many positive and negative influences of *gadgets* in life. Especially the positive influence on family life. Era or era, many families are starting to be active in using gadgets, one of which is social media or other entertainment materials. Some families use gadgets as a place to earn, socialize or communicate with each other. However, it cannot be denied that apart from the positive impact that is produced, there are also negative impacts that follow if it is used excessively, and there are no limitations

The negative impacts that often occur, especially in the family, are quarrels between husband and wife and even impact on children. One example is when a wife plays with *gadgets too often*, forgetting her duties and responsibilities in the household, such as cooking and taking care of children, and is only busy posting statuses or commenting on the statuses of her friends until her husband comes home late at work, no food, messy house, children. The little ones have not taken a bath. The big kids have not come home from school yet. This problem has sparked fights, starting with harsh words and even hitting, which parents unknowingly do in front of their children.

As another example, it often happens when parents pay too much attention to their *gadgets* to the point where they forget their duties as parents towards their children, where parents no longer pay attention to what their children are doing, their children's relationships, they no longer set an example of how to worship and teach their children religious knowledge, such as reading Al-Quran. The Qur'an no longer pays attention to what children consume, nor even children's learning and behaviour. In Islam, maintaining the family to avoid the fires of hell has been emphasized.

While the facts in the field that we often encounter are that children are the most reliable imitators or, in other words, accomplished imitators, especially those imitating their parents. Many parents do not realize that what they have been doing is unintentionally imitated by their children, be it how to speak, the relationship between spouses, family, relationships in society, even big things down to the smallest ones. Causing the attitudes and behaviour of many children to be deviated or no longer by Islamic teachings

Couples in families addicted to *gadgets* will reduce the supervision of children. This results in children who lack supervision from parents will experience a lot of moral and moral damage where they no longer know how to talk to older people, no longer know their responsibilities as a child, and no longer know their obligations. as servants of Allah, try what they should not try such as smoking, dating at an early age, drugs or certain types of drugs, stealing and so on. Seeing what cannot be seen, such as pornographic films, to carry out harassment, such as rape, to a more severe level, namely violence that ends in murder.

From the examples that have been mentioned, most of the impact is obtained from *gadget addicts*, who are most likely to imitate what is seen in the *gadget*. Even when the fun of playing with *gadgets* is disturbed, it can hurt the people around them, kind-hearted from harsh words and bodily injuries from violence obtained from the addict. In the village of Riak Siabun, they are familiar with gadgets, so if you come to the village, you will see a group of boys entering puberty or adolescence gathering on the terrace

¹ Kurtubi, Muhammad. "Child Playing Online Game in the Sadd Al-Zari'ah's Perspective". *Nusantara: Journal Of Law Studies* 1, no. 1 (December 14, 2022): 9-20. Accessed December 16, 2022. <https://juna.nusantarajournal.com/index.php/juna/article/view/16>.

of the house from dusk until night to play online games. Even young girls do not want to be outdone to get together to dance to the music, make videos, and then upload them to social media, posting using accounts with their names changed.

Apart from their children, parents also do not want to be outdone. They create accounts on social media, post photos without wearing the hijab for Muslims, make statuses about family problems or problems between each other, and comment on the status of each other until it ends with sarcasm. In Riak Siabun Village, there are also several cases of infidelity caused by gadgets, even more severe, namely Divorce where the family already has children.

Apart from that, you can find in this village parents or couples who have recently been in the household having more fun playing the game so that it triggers a commotion because there are partners who do not care for their children when their children cry, some are just busy playing and not working, some are busy. On social media accounts and do not carry out obligations such as cleaning the house and cooking. Many things have happened due to gadgets where parents in Riak Siabun village have taught their children indirectly to depend on gadgets, from learning to entertainment, causing some children to experience difficulties in learning, especially exams to choosing to cheat because so far they open gadgets more often than books, and parents themselves allow this without any guidance on how to use gadgets that parents should do with their children.

Based on the problems above, the authors feel it is necessary and important to examine "the impact of gadget addicts on family harmony from the perspective of Islamic law".

Literature Review

Impact of Gadget Addiction on the Family

a. Impact of Gadget Addict Parents

1) Children have a risk of interference with their behaviour

Children will look for ways to get their parents' attention because parents pay more attention to their gadgets than their children, so children will do everything they can to attract and get their parents' attention. Starting from tantrums, screaming, and crying to hyperactive behaviour. Child behaviour that continues like this will become a habit until adulthood

2) Children have a low focus

Parents who are rarely involved or interact with children can make children's focus low. Low involvement of parents when playing with children due to being distracted by gadgets can affect children's focus. According to several studies, children can have four times lower focus power than children their parents accompany to play. Smart Parents, this focus will later affect children's learning abilities at school.

3) Children feel neglected by their parents

Being too busy using gadgets makes children feel neglected by their parents. By playing with gadgets while caring for children, they may feel neglected and not loved by their parents. These feelings can even affect the growth of a child's brain volume. Children who often feel neglected by their parents have a smaller brain volume than children whom their parents always accompany to play. In addition, making children feel neglected can lead to other impacts, namely a less harmonious relationship between parents and children.

4) Children can experience fatal things

Children may be exposed to fatal things when parents are busy playing with gadgets and not watching them. A child cannot distinguish which things are dangerous for him or which are not. Therefore, he may play dangerous games, and his parents will not prevent him or even notice if he is busy playing with gadgets. This can be fatal for children and their growth, such as bruises on certain body parts, internal injuries, or broken bones

5) The relationship between children and parents is less close

Children so create a distance from parents. Direct face-to-face interaction between children and parents is an important early learning stage for children. They observe how parents communicate and how parents facial expressions. In the next stage of child development, interaction also functions to talk

and discuss with children. If this interaction is reduced or eliminated because parents use gadgets more often than playing with children, it can damage the relationship between children and parents. Children may create a distance from their parents, but the parents are unaware of this distance, making it difficult to repair relationships.²

b. Impact of Gadget Addict Children

- 1) Decreased concentration while studying (when studying, the child becomes unfocused and only remembers gadgets, for example, children remember playing with gadgets as if they were like characters in the game).
- 2) Lazy to write and read (this results from using gadgets, for example, when children open a video on YouTube, children tend to see just the picture without having to write what they are looking for).
- 3) Decrease in social skills (for example, children play less with friends in the surrounding environment and do not care about the circumstances around them).
- 4) Addiction (children will be difficult and dependent on gadgets because it has become a necessity for them).
- 5) It can cause health problems (obviously can cause health problems due to radiation exposure in gadgets, and can also damage children's eye health).
- 6) Cognitive development in early childhood is hampered (cognitive or thought processes related to how individuals learn, pay attention, observe, imagine, estimate, assess, and think about their environment will be hampered).
- 7) Inhibits language skills (children who are used to using gadgets will tend to be silent, often imitate the language they hear, cover themselves and are reluctant to communicate with friends or their environment).
- 8) Can affect early childhood behaviour (for example, children playing games that have elements of violence which will affect behaviour and character patterns that can lead to acts of violence against friends)³

Recent research conducted by the University of Michigan at CS Mott Children's Hospital and published in the journal *Child Development* found that poor child behaviour is related to the time spent by parents playing with gadgets, research testing the term "*technoference*" given by researchers to explain the impact of technology. On the interaction of parents and children. As many as 170 American parents were studied and asked how long they used smartphones and other gadgets and how often this impacted activities and communication with children until it was found that excessive gadget use impacted children's unfavourable behaviour. One of the reasons is that children receive less attention from their parents. The neglect shown by parents towards children makes children feel left out, interactions with children are reduced, and interactions generally do not go well. A mother who cares more about gadgets will lose much time together with children even if she is a housewife who is on standby at home 24 hours, and a father who is addicted to playing with gadgets will prioritize replying to messages on WA rather than gathering with family, he will be negligent with the obligation to lead the household.⁴

Meanwhile, Nilli Lavie, a researcher at the Institute of Cognitive Neuroscience University College London in England. When parents are busy at the gadget screen while caring for children, two commands through the retina to the visual cortex in the brain overlap. If the information from the cell phone is more important, that information can overwhelm the visual cortex and ignore other information. As a result, parents do not realize when their child falls or is injured. Meanwhile, a study conducted by experts at the

² Andrea Lidwina, 5 *The impact of parents always playing gadgets when they are together child*. .liputan6.com accessed April 9, 2021

³Jessica Citra Jutersfan Wau, *Thesis: The Impact of Gadget Users on Children's Behavior at ASSISI PRIVATE ELEMENTARY SCHOOL*, (Santa Elisabeth College of Health Sciences, Medan, Faculty of Health, Nursing Study Program, 2019), p.28.

⁴ Adi Sulistama, *Magazine: Gadget Addiction Parents*. In indarto (Ed) *Fahma Sufficiency Comes Because of Blessing*, Vol XVIII No 10, (Yogyakarta: CV Education Mondiall, 2017), h. 26

University of Edinburgh found that children who grow and develop with parents where their parents focus more on *smartphones* and *gadgets* will get children less attention. Children who lack attention will not infrequently experience problems with language and social interaction with the people around them.⁵

Another example in Indonesia is the parenting style adopted by parents addicted to online games, where both families have similarities in raising children. Such as giving children freedom as they wish, not imposing household responsibilities on children, and parents still showing power by scolding children when children are naughty at home. This care impacts the cognitive development and psychosocial development of children. Children will experience cognitive development delays and psychosocial development problems due to a lack of parental care.⁶

As a result of the unwise misuse of gadgets, especially social media, many people misuse social media to vent their dissatisfaction with their partners. Such as spreading disgrace from partners, slandering, and relationships with other people who are not mahrom. As a result, many problems arise in the family that lead to disputes and even Divorce.⁷

Harmonious family

In Islam, families can be formed through legal marriage. Marriage itself can be interpreted as a meeting of two hearts that complement each other based on love (*mawaddah*) and compassion (*rahmah*), where the couple aims to create a *sakinah* and prosperous family that last forever.⁸

The family can be interpreted as a small institution in society that functions as a vehicle for realizing a peaceful, secure, peaceful and prosperous life in an atmosphere of love and affection for its members.⁹The definition of harmony according to language is subject, condition, while harmony is harmony, harmony.¹⁰The term harmony comes from the word harmonious, which means harmonious. The emphasis of harmony is a state of harmony or harmony. The point of harmony aims to achieve harmony and harmony in life. Families need to take care of these two things to achieve harmony.¹¹A harmonious family is when all family members feel happy, which is marked by reduced tension, disappointment and accept all circumstances and existence itself (existence, self-actualization) which includes physical, mental or harmonious family aspects is a family that can lead a person to live happier, more decent and more serene.¹²

Harmonious Family Criteria

A harmonious family will only be created if one member's happiness is always related to the happiness of other family members. Psychologically, it can mean two things: the achievement of all family

⁵ Budi Haryadi, *Magazine: Keep cell phones away when with children*, In Indarto (Ed). *Fahma Prioritize Halal and Thoyyib*, . Vol. XV No. 08, (Yogyakarta: CV Education Mondiall, 2016), p.26.

⁶Rizki Anggraini, *Journal of Social Welfare Science : The Impact of Parenting parents who are addicted to online games on child development* , (Yogyakarta: Sunan Kalijaga State Islamic University, Faculty of Da'wah and Communication, Social Welfare Study Program, 2018), p.2. Vol. 1 no. 2

⁷ Wahyu Eko Ardianto, *thesis: Social Media as a Cause of Household Problems in the Perspective of Islamic Law (Case Study of Besuki District, Tulungagung Regency)*, (Tulungagung State Islamic Institute: Faculty of Sharia Islamic Family Law Study Program, 2018), p.10.

⁸ Abdul Muhaimin As ' ad, *Treatise on Marriage Guidance on Marriage* , (Surabaya: The Brightest Star 99, 1993), p. 10.

⁹ Mufidah, *Psychology of Gender-Based Islamic Families* , (Yogyakarta: University Institute State of Malang Press, 2008), h. 37.

¹⁰ Depdikbud , *Big Indonesian Dictionary* , (Jakarta: Balai Pustaka, 2004), h. 102.

¹¹ Dictionary Compilation Team, *Big Indonesian Dictionary* , (Jakarta: Ministry of Education and Culture, 1989), h. 10

¹² Nurul Mutmainnah, *Journal: "Use of Gadgets on Behavior and Intensity Family Communication (Case Study of Soreang District, Parepare City)"* Vol. 09 No. 02 . (Comudita Media Communication and Dakwah Parepare State Islamic Institute of the Faculty of Ushuludin, Adab and Da'wah, 2019). h.1

members' wishes, aspirations and hopes and as little conflict as possible.¹³ A harmonious family or happy family is when the two partners respect each other, accept each other, respect each other, and trust and love each other.¹⁴

In Islam, there is a view and criteria for a harmonious family. A harmonious family can be formed from the foundation or pillars of faith and piety to Allah SWT and has the characteristics of *sakinah*, *mawaddah* and *warahmah*. This is usually in the prayers given to newly married couples in the hope that they can form a *sakinah*, *mawaddah* and *warahmah* family. Here are some criteria for a harmonious family according to Islam:

a. *Sakinah* Family

A harmonious family is a family that has peace and tranquillity in it, although this does not mean that a *sakinah* or harmonious family has never experienced differences of opinion or conflicts within it. In a *sakinah* family, husband and wife will trust, respect and respect each other and remind each other when their partners make mistakes. Just received the first revelation and shivered with anxiety. Husband and wife also have to support each other to build a harmonious household.

b. *Mawaddah* family

A *mawaddah* family means a family full of love. Many couples live in households without love and affection, and eventually, their households end. Love and affection are one of the things that form the basis of having a harmonious family. This can be done by giving more attention to the wife or vice versa. A wife who cares for her husband with love will certainly make her husband feel at home and will not do unwanted things out there, and vice versa. The husband must always fulfil his obligations to his wife.

c. *Grace* family

Rahmah means to love, and a *warahmah* family is full of love. With this feeling of affection, every husband and wife can build a harmonious family. This affection will always make them love and care for each other. Not only that, if a problem occurs between a couple and upsets one of them, affection will remind them that both husband and wife have tried to carry out their responsibilities properly. Affection can also eliminate excessive anger and irritation so that problems between husband and wife can be handled properly.¹⁵

Characteristics of a Harmonious Family

The characteristics of a harmonious family, according to Islam, are:

1) The formation of a family is based on the hope of Allah's pleasure without others.

Both parties complement and perfect each other, fulfil the call of *fitrah* and *sunnah*, establish friendship and affection, and achieve peace and tranquillity in determining the standard of a mate. Both are based only on faith and piety.

2) The purpose of forming a family

Domestic harmony will be realized if the two partners are mutually consistent with the agreements they set together. Their main goal is to follow the path outlined by Allah and hope for His pleasure. In all their actions, they aim only at Allah.

3) Environment.

In a harmonious family, the effort that is always maintained is a loving atmosphere, and each member carries out his role perfectly. A family environment is a place for shelter and shelter, a place where development and ups and downs go through together.

4) The relationship between the two partners

In a harmonious and balanced household relationship, husband and wife try to complement and perfect each other. They unite and feel what other family members feel. They treat each other, make each other happy and unite steps and goals. Both of them prepare a means to get closer to Allah.

5) Relationship with children

¹³ Sarlito wirawan sarwono, *Towards a Happy Family 4*, (Jakarta: Bhatara Karya Aksara, 1982), h.2.

¹⁴ Zakia Dradjat, *Peace and Happiness in the Family*, (Jakarta: Bulan Bintang, 1975) h. 9

¹⁵ *Harmonious Family*, Quoted from Dalamislam.com on November 24, 2021

Harmonious families consider children as part of them. They build relationships based on respect, safeguarding rights, education, proper guidance, purification of affection and supervision of children's morals and behaviour.

6) Sit Together

Harmonious families are always ready to sit together and talk with their family members. They try to understand each other and create intimate relationships. Islam teaches that the old love and guide the young, and the young respect and obey the advice of the old.

7) Collaboration helps each other

In harmonious household life, each household member has a specific task. They come together to carry the burden together.

8) Efforts for the common good

In a harmonious family life, they try to make each other happy, fulfil each other's desires and pay attention to their partner's tastes, look after each other and pay attention to how to decorate and dress. They always consult and communicate for the common interest to ask for opinions when the child can understand the problem he is included in the deliberation.¹⁶

Method

The type of research used is field research. The research was carried out from start to finish by seeking sources of information through various social media and visiting people's homes, and conducting surveys of several couples who would be sampled in Riak Siabun Village, Sukajara District, Seluma Regency, Bengkulu Province. The research informants were 20 heads of families out of 633 heads of families in Riak Siabun village. Of the 20 heads of families who are believed to be gadget addicts, the author intends to compare and see the impact of these gadget-addict pairs. In addition, the author also interviewed several community shops, such as the Kadus of Riak Siabun village, the Chairperson of Pengajian Akbar and the Chairperson of the DPD.

Results and Discussion

The Negative Impact of Gadget Addict Couples on Harmony Families in Riak Siabun Village, Sukaraja District, Regency Selma

1) Loss of mutual trust in the family

As told by Mr Arman regarding the behaviour of his wife Balqis towards the gadget, which was considered unnatural, Mr Arman said that when he heard an incoming message, his wife immediately took the gadget and locked herself in the room. Apart from that, Pak Arman also admitted that he, as a husband, had never seen what was in his wife's gadget. This was because his wife had never removed or left her gadget and was given a password to open the gadget.¹⁷ In addition to Mr Arman's partner, there are other pairs where suspicion arises and distrust between partners in the family. That matter can be seen in the following table:

Suspicious Raised From *Gadget Addict Couples* In Riak Siabun Village in 2021

No.	Name	Suspicion of Spouse		
		Never	Seldom	Often
1	Zuhida		√	
2	Rika			√
3	Nalani	√		
4	Kara			√
5	Hana			√

¹⁶ Ali Qaimi, *Reaching for the Sky of the Future of Children*, (Bogor: Light: 2002), p.16-21

¹⁷ Arman, Respondent, Interview Wednesday 8 December 2021.

No.	Name	Suspicion of Spouse		
		Never	Seldom	Often
6	Alina			√
7	Mila			√
8	Arifa	√		
9	Malik			√
10	Balqis			√
11	Devi			√
12	Nuria			√
13	Najmudin			√
14	We are	√		
15	Elvina		√	
16	Kalifa			√
17	zeny			√
18	Roland		√	
19	Marva	√		
20	Bertin	√		

From the table above, it can be seen that couples who use gadgets too often will cause a feeling suspicious of what their partner feels. This unknowingly reduces trust between partners

2) Not Having Time With Family

Couples addicted to gadgets will spend much time just playing with their gadgets without realizing that the time that should be spent hanging out together is lost in a family, especially for partners and their children who are addicted to gadgets. They will be busy on their own on the gadget screen and reducing communication within the family.¹⁸This can be seen in the old gadget use table every day, as follows:

Length of Use of Gadgets in Couples Gadget Addicts in Riak Siabun Village Year 2021

No.	Name	Start Addicted	Length of use/day
1	Zuhida	2019	15 Hours per day
2	Rika	2017	6-8 hours per day
3	Nalani	2019	4-6 hours per day
4	Kara	2019	> 10 hours per day
5	Hana	2019	7-8 hours per day
6	Alina	2019	4-6 hours per day
7	Mila	2019	4-6 hours per day
8	Arifa	2019	4-6 hours per day
9	Malik	2020	> 8 hours per day
10	Balqis	2020	> 8 hours per day
11	Devi	2017	10-15 hours per day
12	Nuria	2019	6-9 hours per day
13	Najmudin	2018	7-9 hours per day
14	We are	2019	4-6 hours per day
15	Elvina	2019	8-9 hours per day
16	Kalifa	2016	9-10 hours per day
17	zeny	2019	4-6 hours per day
18	Roland	2021	7-9 hours per day
19	Marva	2018	6-9 hours per day
20	Bertin	2019	7-8 hours per day

¹⁸ Zuhida, et al., 20 Respondents, Interview 7-12 December 2021

The table shows that most of the time is spent using only gadgets, the longest time in one use is 15 hours while the shortest time is 4 hours. Apart from that, most of them are still new to using gadgets. If you look at the majority, they know and started being addicted to gadgets in 2019 when a coronavirus outbreak hit the State of Indonesia.

3) Forgetting the responsibility in worship

As an Islamic family, they should teach Islamic practices that are obligatory in their family, especially for parents who must teach their children to worship God properly. However, if parents think it is normal if they forget to worship Allah because of gadgets, this happens a lot to couples who are addicted to gadgets.¹⁹The informant felt that it was natural to forget to pray, especially the obligatory worship, namely prayer. He said that while engrossed in playing with gadgets, he often forgets the prayer time, even sometimes even though I remember feeling lazy to pray, it often happens. These can be seen in the table the following:

Forgetting Worship and Responding to Gadget Addict Couples at Riak Siabun Village in 2021

No.	Name	Forgetting Worship			Response
		Never	Sometimes	Often	
1	Zuhida			√	reasonable
2	Rika			√	reasonable
3	Nalani			√	reasonable
4	Kara			√	reasonable
5	Hana			√	reasonable
6	Alina			√	reasonable
7	Mila			√	reasonable
8	Arifa			√	reasonable
9	Malik		√		reasonable
10	Balqis		√		reasonable
11	Devi			√	reasonable
12	Nuria			√	reasonable
13	Najmudin			√	reasonable
14	We are			√	reasonable
15	Elvina			√	reasonable
16	Kalifa			√	reasonable
17	zeny			√	reasonable
18	Roland			√	reasonable
19	Marva			√	reasonable
20	Bertin			√	reasonable

As seen in the table above, it can be said that leaving the obligation to pray is something that often happens, especially when you are engrossed in playing with gadgets. This proves that in a family of gadget addicts, awareness of the obligation to worship, especially prayer, is still lacking.

4) Having a tough economy

Overall, using gadgets requires a data package or internet quota purchased using money. Excessive use will spend unexpected data packages for users, especially for gadget addicts who often use social media, entertainment media and games. Usually, wives in Riak Siabun village spend more on internet data packages on social media and entertainment, while husbands are more into online games. As expressed by one of the informants, Hana's mother, regarding unexpected expenses, Hana's mother recounted that using gadgets unknowingly spend enough costs a lot. Because gadgets without internet data are useless, the same as junk, this is due to everything requiring internet data. Mrs Hana said the times now we want

¹⁹ Zuhida, et al., 20 Respondents, Interview 7-12 December 2021

to contact someone, there must be a data package. We want entertainment. We have to have a data package, even if the husband playing online games is not only a data package but also a must-have chip, for example, now dominoes.²⁰This can be seen in the following table:

Use of gadgets for Gadget Addict Couples In Riak Siabun Village in 2021

No.	Name	Gadget use			
		Browsing	Social media	Entertainment	Online game
1	Zuhida	√	√	√	√
2	Rika	√	√	√	√
3	Nalani	√	√	√	√
4	Kara	√	√	√	√
5	Hana	√	√	√	
6	Alina	√	√	√	
7	Mila	√	√	√	
8	Arifa	√	√	√	
9	Malik	√	√	√	√
10	Balqis	√	√	√	√
11	Devi	√	√	√	√
12	Nuria	√	√	√	√
13	Najmudin	√	√	√	√
14	We are	√	√	√	
15	Elvina	√	√	√	
16	Kalifa	√	√	√	
17	zeny	√	√	√	√
18	Roland	√	√	√	√
19	marva	√	√	√	√
20	Bertin	√	√	√	√

The table above shows that the people in Riak Siabun Village have used gadgets for everything. Almost everything in the gadgets is used either positively or negatively.

5) Affair

For the family in Riak Siabun, an affair is a disgrace that they rarely want to talk about. One of the biggest factors in having an affair is gadgets. Gadgets make one get to know other people and get comfortable very easily. This sometimes triggers fights and even separation within a family. Until now, the affair that occurred in Riak Siabun is the misuse of gadgets. This serious problem is the most common thing in this village.²¹ Thing This can be seen from the following table:

Affair for Couples Gadget Addicts In Riak Siabun Village in 2021

No.	Name	Affair
1	Zuhida	
2	Rika	
3	Nalani	
4	Kara	
5	Hana	
6	Alina	√
7	Mila	
8	Arifa	√
9	Malik	√
10	Balqis	
11	Devi	

²⁰ Zuhida, et al., 20 Respondents, Interview 7-12 December 2021

²¹ Zuhida, et al., 20 Respondents, Interview 7-12 December 2021

No.	Name	Affair
12	Nuria	
13	Najmudin	√
14	We are	√
15	Elvina	√
16	Kalifa	√
17	zeny	√
18	Roland	
19	marva	
20	Bertin	

The table above shows that in families that have suffered damage due to infidelity, it starts with gadgets because gadgets make communication as comfortable as possible and can introduce new people. So that it can be said that gadgets are the main supporting factor for family damage due to infidelity

Islamic Law Perspective Concerning Solutions From Negative Impacts Gadget Addict Couple Against Family Harmony in Riak Siabun Village, Sukaraja District, Seluma Regency

From the statements discussed earlier, it can be seen from the results of interviews with gadget addict couples, from 20 informants who are addicted to gadgets, it can be concluded that only five pairs of gadget addicts whose household harmony is still maintained. Meanwhile, 15 couples of gadget addicts said that the harmony in their household was disturbed because they were addicted to gadgets. This can be seen from the following table:

The Effect of Gadget Addict Couples on Harmony Families in Riak Siabun Village in 2021

No.	Name	Harmony	
		Harmonious	Not Harmonious
1	Zuhida		√
2	Rika		√
3	Nalani		√
4	Kara		√
5	Hana	√	
6	Alina		√
7	Mila	√	
8	Arifa	√	
9	Malik		√
10	Balqis	√	
11	Devi	√	
12	Nuria		√
13	Najmudin		√
14	We are		√
15	Elvina		√
16	Kalifa		√
17	zeny		√
18	Roland		√
19	Marva		√
20	Bertin		√

From the table, it can be seen that gadgets have a very big influence on the harmony of a family, their use they have a negative impact if used excessively. This causes problems in the family. From the problems discussed before, make the family look for solutions to solve the problem. Some of these solutions are

carried out in stages, according to each partner's problem and characteristics. The solutions made by the gadget-addict couple, starting from deliberations, temporarily separating, and ending with Divorce, raise various points of view. The following is the Perspective of Islamic Law regarding the solution made by the spouse:

a. discussion

The head family usually leads deliberations, but it is different if the problem is included in serious trouble. Part of the addict couple gadgets in Riak Siabun Village solve problems with third-party assistance such as advisors, parents or siblings the elder. From several cases in Riak Village, Many third-party Siabun are taken from community leaders' respected and valued decisions. Usually, from a third party, they advise a partner who is considered to have made a mistake by asking the couple what made him do that action. This solution is by the Al-Quran letter al-Nisa verse 35, which means: " *And if you are worried that there is a dispute between the two, then send a judge from the male family and a judge from the female family. If the two hakim people intend to improve, surely Allah will give taufik to the husband and wife. Verily Allah is All-knowing more Knowing.*" (QS An-Nisa: 35) .²²The paragraph allows the existence of a third party as a mediator for a family experiencing disputes.

b. Temporary Split

Temporary separation does not always mean the destruction of the house or someone's ladder. It could be the way to keep weddings. By parting ways for a while, who knows, the two were able to get back together with a clearer mind. In several cases that occurred in the village of Riak Sibun was temporarily separated. What happens when the couple is fighting and still is in a high emotional state? One of them will be away from home for a few days until things start to improve or third parties give advice and act as arbiters.

However, in the village of Riak Sibun, they are separated temporarily. Many experience Divorce because the problems faced are quite large and have risks to their family. Coupled with a third party as an advisor or support in a decision taken by the couple. Some of the impacts of the temporary separation experienced by a couple of gadget addicts in Riak Siabun village are as follows: 1) Far away from each other, 2) Not a smooth transition, 3) Problems persist, 4) Personal issues are known to others, 5) Children child is confused.

c. Divorce

Divorce is permissible in Islam.²³ Divorce is seen as a solution for married couples who feel that marriage is no longer beneficial.²⁴ So also about the problems caused by gadgets family, such as the problem of infidelity that often occurs, make some couples divorce. However, many of the divorced couples in Riak Siabun village do not follow ethics, such as still talking about their spouse's disgrace to their neighbours or through social media, without divorcing one another, or not advising each other. This is not to the ethics of Divorce in Islam as explained by Sayyid Muhammad.

Sayyid Muhammad explained the importance of ethical Divorce in the view of Islam so that in the process, it is no acts of mutual harm occur. Hence very It is important to pay attention to the four ethics of Divorce in the Islamic view, namely: 1) Divorce the wife with one Divorce, 2) Should follow the steps

²² Santoso, Dri, Wahyu Abdul Jafar, Muhamad Nasrudin, Musda Asmara, and Fauzan Fauzan, 'Harmony of Religion and Culture: Fiqh Munākahat Perspective on the Gayo Marriage Custom', *Ijtihad : Jurnal Wacana Hukum Islam Dan Kemanusiaan*, 22.2 (2022), 199-218 <<https://doi.org/10.18326/IJTIHAD.V22I2.199-218>>

²³ wahyu, wahyuziaulaq, and Ahmad Azmi Perkasa Alam. "Pernikahan Beda Agama Perspektif Hukum Fiqh Dan Hukum Positif". *Nusantara: Journal Of Law Studies* 1, no. 1 (December 16, 2022): 33-39. Accessed December 16, 2022. <https://juna.nusantarajournal.com/index.php/juna/article/view/3>.

²⁴ Musda Asmara, and Lilis Sahara. "Problems With Choosing a Mate in Islam for People Who Choose a Mate through Social Media". *Nusantara: Journal Of Law Studies* 1, no. 1 (December 16, 2022): 40-49. Accessed December 16, 2022. <https://juna.nusantarajournal.com/index.php/juna/article/view/12>.

recommended by the Al-Qur'an, 3) Husbands divorce wives in a state of purity and not after having intercourse, 4) avoid opening each other's disgrace after parting.²⁵

Solutions from Gadget Addict Couples because of the Forum NU Sakinah Family (Nahdlatul Ulama)

Mr Qomarudin, a NU Islamic Family Forum member, said that some of the solutions implemented, such as deliberations, temporary separation and even Divorce, were good, and some were not. This depends on how it is implemented and whether it is done correctly or not. For example, when using a third party from the family, it cannot be only one party, but both parties must be unless there are obstacles and the decision is taken by mutual agreement. If you want to separate while do not feel sorry for their children for too long, make a victim of parental selfishness. Even if you want a divorce, you have to rethink.²⁶

One of the solutions we did as the Ahlus Assembly Sunah Wal Jamaah emphasizes holding religious activities to motivate and encourage to add insight and knowledge of how to build and educate children because this is the role of parents who must be active in religious education. The Sakinah Family Forum from Nahdlatul Ulama (NU) is one of our efforts to foster families, especially in this highly globalized era profusely in the field of technology, to reduce busyness gadgets in a family

Solutions from Couples of Gadget Addicts in View Religious Counselor from KUA Sukaraja

Mrs. Dr. Halimah, a religious counselor from KUA Sukaraja, says their solution is good enough because everything needs deliberation in deciding the problem. If the deliberations are carried out correctly, they will produce the right decisions, whether surviving in a household or Divorce. Regarding the solution that ended in Divorce, depending on the problems faced by each family, Divorce usually occurs when one party has an affair with another party or other problems for which there is no other way except by Divorce.²⁷

Quarrels experienced by families because of gadgets are indeed frequent happened, and several couples reported problems. Whether the couple is still young or the couple who have old, if they are addicted to gadgets, for sure will cause a fight. However, the bickering result in Divorce experienced by most young couples, let alone the couple married at an early age. That matters due to the immature age for marriage, so when Gadgets cause problems, it will raise suspicion large against their partner where the pair has more time to play with gadgets.

Marriages that are prone to Divorce are marriages that have only lasted 2-3 years for early marriages, but it is undeniable that people who have been married for a long time do not get divorced. Several cases led to Divorce, namely when at night there was an incoming call on the husband's gadget. Because the husband was not there, the wife turned out that the one who contacted her husband at night was the husband's affair, namely his ex. In addition to this example, there are many other cases, such as wives who are gadget addicts to the point of forgetting the time, husbands coming home from work, children not being washed, no food on the table, and the house still a mess. Sometimes this also triggers domestic or domestic violence, which can result in Divorce.

From several examples of these cases, Mrs. Halimah suggested resolving and preventing problems by reducing early marriage, keeping gadgets away when with family, and avoiding anything that could raise suspicion. In addition, the religious factor in the family is the main thing that must be improved, especially prayer. In a family with a strong religion, diligently worshipping will know what is good and bad for himself and his family.²⁸

Conclusion

Based on the results of research on the impact of gadget addict couples on family harmony

²⁵ Ummy Atika Anwar, *4 Ethics of Divorce in Islamic Perspective* quoted from islam.nu.or.id on January 13, 2022.

²⁶ Qomarudin, Administrator of the NU Sakinah Family Forum, Interview, Monday 17 January 2022.

²⁷ dr. Halimah, Religious Extension Officer at KUA Sukaraja, Interview, Monday 17 January 2022

²⁸ dr. Halimah, Religious Extension Officer at KUA Sukaraja, Interview, Monday 17 January 2022

perspective of Islamic law carried out in the village of Riak Siabun sub-district Sukaraja of Seluma Regency. So it can be concluded that the impact that occurs in the family of the spouse or parents gadget addicts in the village, resulting in a loss of mutual feelings of trust between fellow family members, do not have time together family, forgetting the responsibility of worship and belonging difficult economy and the occurrence of an affair.

The solution, according to the Perspective of Islamic Law, the Sakinah NU Family Forum and Religious Extension from KUA, namely As well as the solution made by the family in solving the problem, is very good, namely by way of deliberation between families if a third person is needed as a mediator whose opinion is respected, temporarily separated to relieve emotions and to clear one's mind and to get a divorce if no bright spot is found in the problem at hand. In addition, the NU Sakinah Family Forum suggests participating in the activities of the education Council from house to house. The Religious Counselor from the KUA suggests reducing use that causes suspicion among partners and reducing early marriages that do not yet have emotional maturity. After it was seen that the solution had a major influence on the problem, it made more than half of the couples whose family harmony was restored.

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